



# Support Groups 2023

Support groups are free and available to survivors but you must be registered to attend.

**Things to know.**

1. You must be registered to attend.
2. Support Groups start at 5:30 unless otherwise noted. Please arrive a few minutes early in order to start on time.
3. An intake packet including a Release of Information and Confidentiality Agreement must be complete prior to attendance.
4. Support Groups are confidential.
5. Guests are not allowed.
6. Childcare is available for children of adult clients during support group but space must be reserved in advance.

To register or for more information call  
 Para registrarse o mas informacion llame al  
**913-262-2868**

| TOPIC   | DATE     | DATE     | DATE     | DATE   |
|---|----------|----------|----------|--------|
| LETTING GO OF SHAME - KIM                     | Jan 23   | Jan 30   | Feb 6    | Feb 13 |
| THE WHOLE BRAIN CHILD PART 1 - DOROTHY        | Jan 24   | Jan 31   | Feb 7    | Feb 14 |
| PARENTING WITH AN ABUSER - ANDREW AND CLAUDIA | Feb 2    | Feb 9    | Feb 16   | Feb 23 |
| LOSING CODEPENDENCY AND FINDING ME-CASEY      | Feb 27   | Mar 6    | Mar 13   | Mar 20 |
| THE WHOLE BRAIN CHILD PART 2 - DOROTHY        | April 10 | April 17 | April 24 | May 1  |
| LOVE ADDICTION, LOVE AVOIDANCE - KIM          | April 11 | April 18 | April 25 | May 2  |

| JANUARY |    |    |    |    |    |    | FEBRUARY |    |    |    |    |    |    | MARCH |    |    |    |    |    |    | APRIL |    |    |    |    |    |    | MAY |    |    |    |    |    |    | JUNE |    |    |    |    |    |    |   |
|---------|----|----|----|----|----|----|----------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-------|----|----|----|----|----|----|-----|----|----|----|----|----|----|------|----|----|----|----|----|----|---|
| S       | M  | T  | W  | T  | F  | S  | S        | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  | S     | M  | T  | W  | T  | F  | S  | S   | M  | T  | W  | T  | F  | S  | S    | M  | T  | W  | T  | F  | S  |   |
| 1       | 2  | 3  | 4  | 5  | 6  | 7  |          |    |    | 1  | 2  | 3  | 4  |       |    |    | 1  | 2  | 3  | 4  |       |    |    |    |    |    | 1  |     | 1  | 2  | 3  | 4  | 5  | 6  |      |    |    |    |    | 1  | 2  | 3 |
| 8       | 9  | 10 | 11 | 12 | 13 | 14 | 5        | 6  | 7  | 8  | 9  | 10 | 11 | 5     | 6  | 7  | 8  | 9  | 10 | 11 | 2     | 3  | 4  | 5  | 6  | 7  | 8  | 7   | 8  | 9  | 10 | 11 | 12 | 13 | 4    | 5  | 6  | 7  | 8  | 9  | 10 |   |
| 15      | 16 | 17 | 18 | 19 | 20 | 21 | 12       | 13 | 14 | 15 | 16 | 17 | 18 | 12    | 13 | 14 | 15 | 16 | 17 | 18 | 9     | 10 | 11 | 12 | 13 | 14 | 15 | 14  | 15 | 16 | 17 | 18 | 19 | 20 | 11   | 12 | 13 | 14 | 15 | 16 | 17 |   |
| 22      | 23 | 24 | 25 | 26 | 27 | 28 | 19       | 20 | 21 | 22 | 23 | 24 | 25 | 19    | 20 | 21 | 22 | 23 | 24 | 25 | 16    | 17 | 18 | 19 | 20 | 21 | 22 | 21  | 22 | 23 | 24 | 25 | 26 | 27 | 18   | 19 | 20 | 21 | 22 | 23 | 24 |   |
| 29      | 30 | 31 |    |    |    |    | 26       | 27 | 28 |    |    |    |    | 26    | 27 | 28 | 29 | 30 | 31 |    | 23    | 24 | 25 | 26 | 27 | 28 | 29 | 28  | 29 | 30 | 31 |    |    |    | 25   | 26 | 27 | 28 | 29 | 30 |    |   |
|         |    |    |    |    |    |    |          |    |    |    |    |    |    |       |    |    |    |    |    |    | 30    |    |    |    |    |    |    |     |    |    |    |    |    |    |      |    |    |    |    |    |    |   |