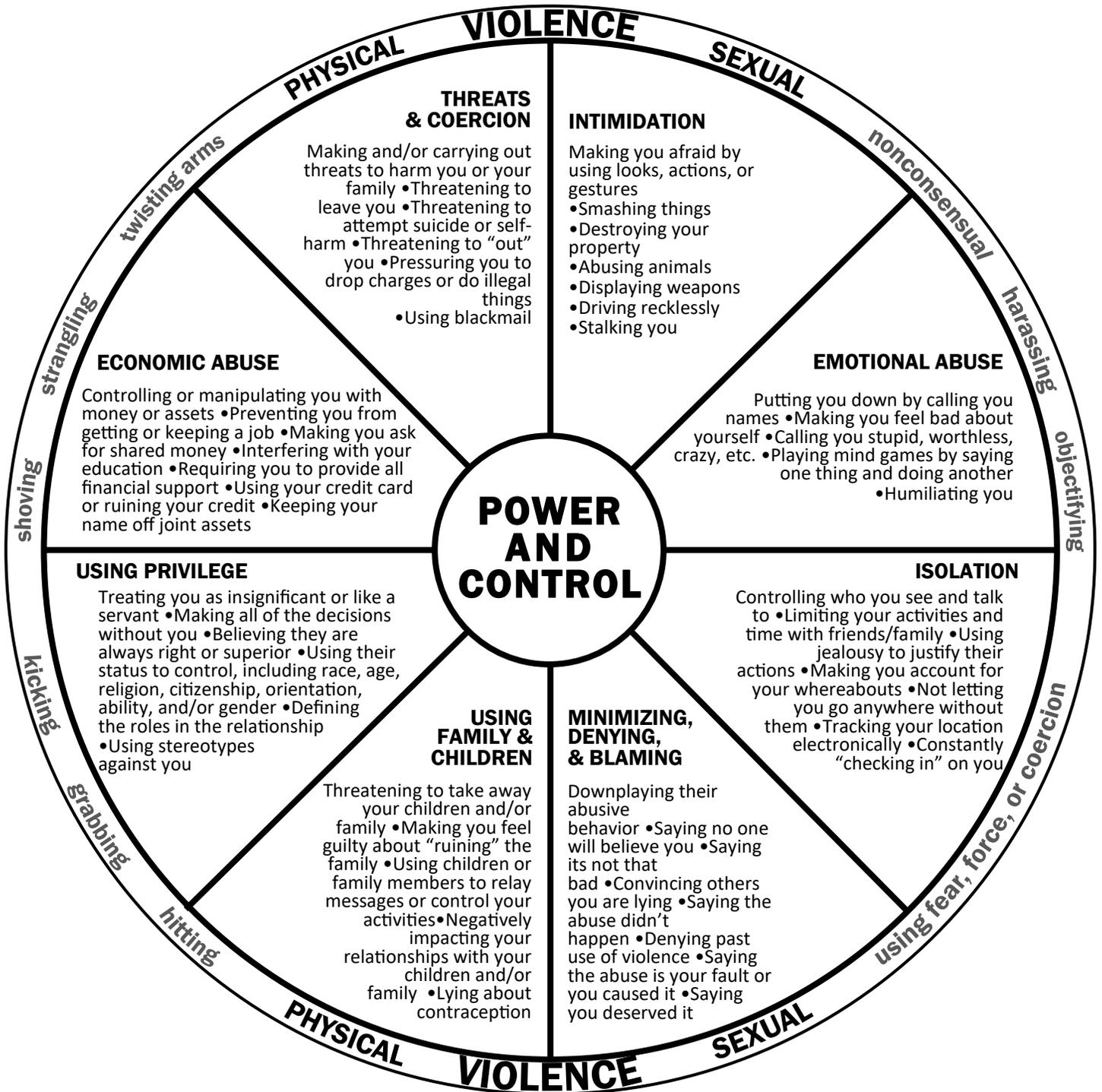


# Power and Control Wheel

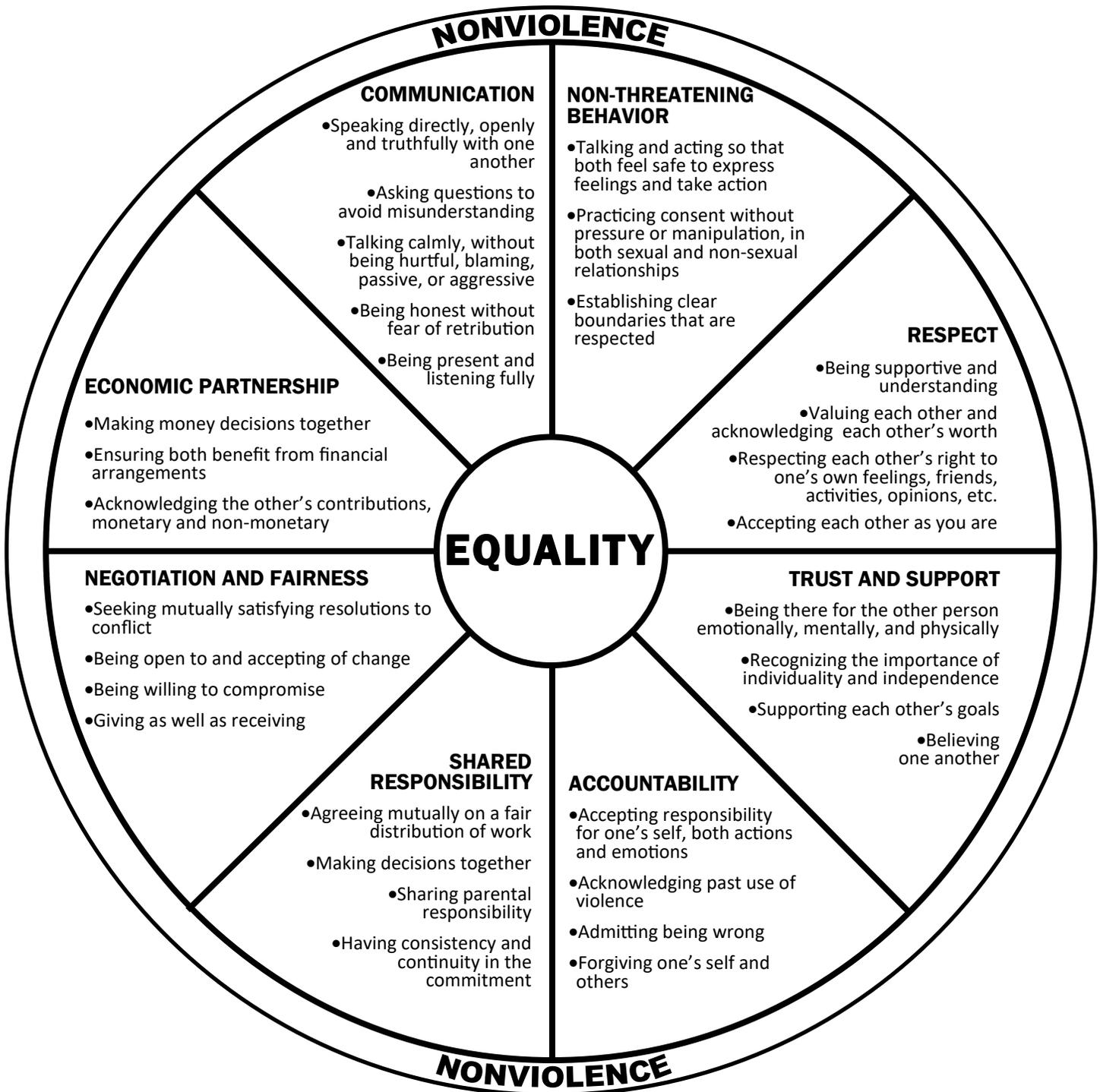


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**24/7 Hotline: 913.262.2868**

www.safehome-ks.org  
 Adapted from the Duluth Power and Control Wheel Model  
 Developed by: Domestic Abuse Intervention Project, Duluth, MN  
 SAFEHOME, Inc. 2018

The Power & Control wheel is one tool used to understand the pattern of behaviors in abusive relationships. Apart from physical and sexual violence, the different forms of abuse can be difficult to identify. However, regular use of these other forms of abuse make up a larger system of abuse and are often reinforced by one or more acts of physical and/or sexual violence.

# Equality Wheel



*Adapted from the Duluth Equality and Respect Wheel Model  
Developed by:  
Domestic Abuse Intervention Project  
Duluth, MN  
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